



## TAKING CARE OF YOUR NEW CROWN

Now that we've secured your new crown on your tooth, it's important to follow these recommendations to ensure its success.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

To protect your crown, avoid chewing ice or other hard substances.

Brush and floss normally. Use daily a rubber tipped stimulator 360° degrees around the crown to dislodge "hidden" plaque that accumulates at the interface of the crown and the gum.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond a week, call us.

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 teaspoon of salt per glass of warm water.

It is normal for gums to be sore for several days.

Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond 3 or 4 days, or if you have any questions or concerns.