



YOUR NEW INLAY OR ONLAY

Now that we've restored your tooth with a inlay or only (an inlay is positioned within the tooth while an onlay is positioned to cover part or all of the top of a tooth), it is important to follow these recommendations to ensure its success.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

To protect your restoration, avoid chewing ice or other hard substances.

Brush and floss normally.

If your teeth are sensitive to hot, cold, or pressure, use a desensitizing toothpaste. If sensitivity persists beyond a week call us.

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 teaspoon of salt per glass of warm water.

It's not unusual for the area to be sore for several days.

Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond one week, or if you have any questions or concerns.