



TEMPORARY INLAY OR ONLAY

Now that we've placed a temporary inlay or onlay, it's important to follow these recommendations to ensure the success of your final restoration.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

Avoid chewing for at least one half-hour to allow the temporary cement to set.

To keep your temporary in place avoid eating hard or sticky foods, especially chewing gum. If possible, chew only on the opposite side of your mouth.

Brush normally, but floss very carefully per your doctor's instructions, with some temporaries you will not be able to floss. Follow your doctor's instructions.

To keep your temporary inlay or onlay in place without dislodging it during your flossing slide the floss out sideways from between the temporary inlay or onlay and the adjacent tooth. Let one end of the floss go and pull the floss out with the other end so you do not inadvertently "catch" the inlay or onlay and pull it off the supporting teeth.

If your teeth are sensitive to hot, cold, or pressure, use a desensitizing toothpaste. If sensitivity persists beyond a week, call us.

Take any medication your dentist has prescribed or directed you to take.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

It is not unusual for a small portion of your temporary to wear away or break off.

If your temporary inlay or onlay comes off completely, save it and call us, so we can recement it.

It is important for the proper fit of your final inlay that your temporary inlay or onlay stay in place.

Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond a week or if you have any questions or concerns.