



TAKING CARE OF YOUR NEW INLAY OR ONLAY

Now that we've secured your new inlay or onlay on your tooth, it's important to follow these recommendations to ensure its success.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

To protect your inlay or onlay, avoid chewing ice or other hard substances.

Brush and floss normally.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond a week, call us.

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 teaspoon of salt per glass of warm water.

It is normal for gums to be sore for several days.

Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond 3 or 4 days, or if you have any questions or concerns.