



YOUR NEW BRIDGE

Now that we've placed your final bridge, it's important to follow these recommendations to ensure its success.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

To protect your bridge, avoid chewing ice or other hard substances.

Brush and floss normally, and follow our instructions for keeping the areas around and under the bridge free of plaque and food accumulation. We may recommend special floss, brushes, or other cleaning aids.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond few days, call us.

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 tsp of salt per glass of warm water.

It is normal for your gums to be sore for several days.

Call us if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.