



## TAKING CARE OF YOUR NEW DENTURE

Dentures, like natural teeth must be kept free of plaque and tarter. This prevents permanent staining and bad breath.

Use a denture brush and one of the many commercial cleaning products to thoroughly clean all of the surfaces of your denture at least once a day.

Tough stains and tartar can be removed by soaking your denture in white vinegar for several hours.

If there are metal parts in your denture you should soak the denture in a diluted solution 50/50 of white vinegar.

Brush your remaining teeth has well as the top of your tongue, palate and gums with a soft bristle brush each day to remove plaque. This keeps your teeth and tissue healthy, stimulates circulation, and keeps your breath fresh.

A healthy mouth and confidence will come with proper denture care.