



RESIN (COMPOSITE) FILLINGS

Now that we've placed a resin composite filling, it's important to follow these recommendations to ensure its success.

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.

Brush and floss normally.

If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond a week, call us.

To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 teaspoon of salt per glass of warm water. It's not unusual for the area to be sore for several days.

Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond one week, or if you have any questions or concerns.