



POST-OPERATIVE CARE FOLLOWING EXTRACTIONS

DO NOT RINSE MOUTH TODAY. Tomorrow rinse mouth gently every 3 to 4 hours (especially after meals) using one-quarter teaspoon of salt to a glass of warm water. Continue rinses for several days.

BLEEDING. Following extractions some bleeding is to be expected. If persistent bleeding occurs, place gauze pads over bleeding area and bite down firmly one-half hour. Repeat if necessary.

SWELLING. Ice bag or chopped ice wrapped in a towel should be applied to operated area one-half hour on and one-half hour off for 4 to 5 hours.

PAIN. For mild to average pain use any aspirin-type of medication you like.

FOOD. Light diet and no drinking through a straw is advised for the first 24 hours.

BONEY EDGES. Small sharp bone fragments may work up through the gums during healing. These are not roots, you may return to this office for their removal.

SMOKING. No smoking for the first 24 hours.

If any unusual symptoms occur, call the office at once. The proper care following oral surgical procedures will hasten recovery and prevent complications.